

GCSE PE 1PE0 04: PEP 6 Basketball 1a Commentary

The candidate has identified speed as the component they wish to develop but with little analysis as to how this could develop performance. It has been proposed that the candidate will design a general fitness programme, which he hopes will improve his basketball. There are strengths and weaknesses identified, but there is no data to support how those conclusions were reached.

There are seven training logs that have been completed but it is difficult to ascertain what the sessions consist of. The data box for collecting pre- and post-PEP scores are blank, therefore it would be impossible to make an evaluation of the progress made by the candidate.

There is no reference to SMART targets in the task. The evaluation consists of one sentence *'I feel I'm faster because in basketball I can run back faster to defend'.*

Although the candidate has produced some work in their PEP, it is placed in the band, **'No rewardable material'**.

The work provided is marked at 0 marks

Please note: although some centres may have a common 'theme' with regards to how the PEP is presented, it should be noted that filling in a basic template for submission of this task is not appropriate.